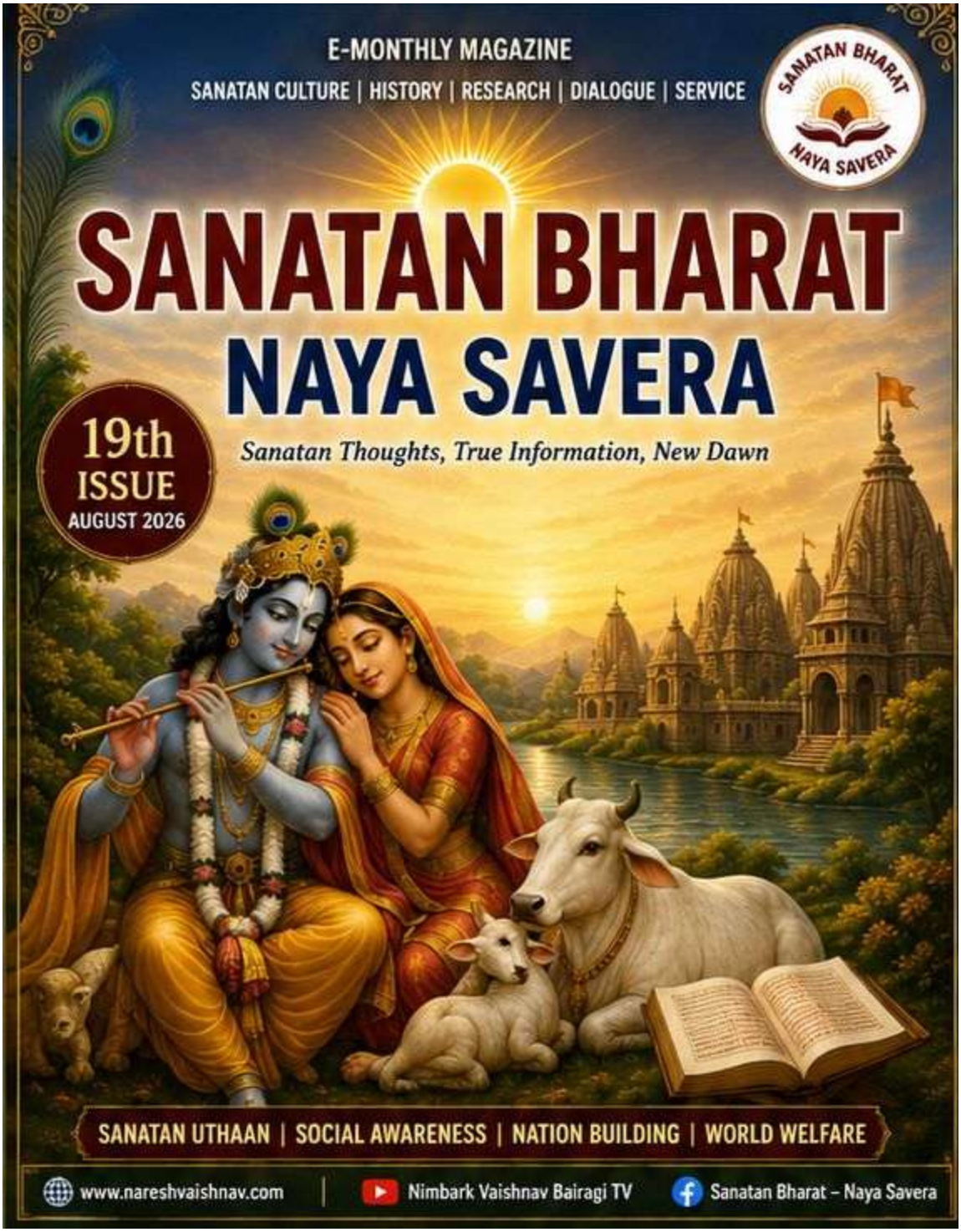
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In Service of the Nation and Its Culture

# SANATAN BHARAT — NAYA SAVERA

E-Monthly Magazine | 19th Issue | August 2026

*From Freedom to Self-Respect and Responsibility*

A Free Cultural and Historical E-Magazine

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# About This Publication

| | |
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*The historical and scriptural material presented in this magazine is intended for education and cultural awareness. Where a distinction exists between fact and faith, it has been clearly indicated.*

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# Editorial

### *15 August — From Freedom to Self-Respect and Responsibility*

15 August is an important day in the national life of India. It reminds us of the struggle for independence, the contribution of countless known and unknown people, and the responsibility that comes with freedom.

Freedom is not merely a collection of rights. It is also accompanied by duties, discipline, social responsibility and honesty towards the nation.

India's identity has not been shaped only by its modern political history. Indian civilization has a long intellectual and cultural journey in which values such as duty, learning, family, service, respect for nature and welfare of society have remained important themes.

The Sanatan tradition is not limited to one individual or one period of history. In the Bhagavad Gita, Krishna guides Arjuna on questions of duty, action and dharma. One of its broad teachings is that a person should not turn away from his rightful responsibility.

In independent India, our responsibility is to give the next generation not only an understanding of rights, but also a sense of duty and values.

This 19th issue of Sanatan Bharat — Naya Savera is being prepared with the aim of reaching readers in India and abroad free of charge. The purpose of the magazine is not personal promotion. It is an effort to encourage positive dialogue on Sanatan culture, Indian knowledge traditions, history, education, values and social awareness.

**On the Occasion of 15 August, Let Us Resolve To**

- Become responsible citizens of a free India
- Understand our cultural heritage
- Study history through evidence

- Pass knowledge and values to the next generation

## A Journey Through This Issue

This issue explores selected episodes from the Mahabharata and the Ramayana not merely as stories, but through the values and life lessons that readers may draw from them.

### This Issue Also Covers

- The relevance of Sanatan values in modern life
- Education and character
- Road safety and civic responsibility
- Indian culture and social responsibility
- Inspiring thoughts for the younger generation
- Discipline and service — lessons from military life

Our editorial approach will maintain a distinction between religious tradition and historical inquiry. Scriptural traditions will be presented as traditions, while historical and archaeological claims will be treated with appropriate evidence and sources.

# MAHABHARATA — CHAPTER 1

***Krishna's Message of Dharma and Action***

The Mahabharata is one of the most important works of Indian literary and philosophical tradition. It explores war, politics, family, morality, duty, dharma and many questions concerning human life.

The Bhagavad Gita, situated within the Bhishma Parva of the Mahabharata, presents Arjuna facing a profound moral crisis on the battlefield. Seeing relatives and teachers among those standing before him, he becomes overwhelmed by grief and doubt. Krishna responds by discussing action, the self, duty and dharma.

One of the Gita's well-known teachings is that a person has authority over action, while the results of action cannot be completely controlled.

This principle can also be understood in contemporary life. A student's responsibility is to study; a teacher's responsibility is to teach honestly; a citizen's responsibility includes respecting law and society; and every person has a responsibility to perform their work sincerely.

Krishna's teaching should not be reduced only to the context of warfare. The wider philosophical discussion of the Gita includes action, self-discipline, knowledge, devotion and duty.

In an age when people often experience anxiety over results, the emphasis on responsible action and duty remains relevant.

**A Lesson for Today**

*Avoiding responsibility is not a solution. Thoughtful decision-making, right action and sincere performance of one's duties are important disciplines of life.*

*Reference: Mahabharata, Bhishma Parva, Bhagavad Gita.*

# MAHABHARATA — CHAPTER 2

***Vidura Niti — Governance, Character and Wisdom***

Vidura is an important figure in the Mahabharata. He served as a counsellor to King Dhritarashtra and was closely connected with the Kuru family. The Udyoga Parva contains extended conversations between Vidura and Dhritarashtra.

Vidura repeatedly advises Dhritarashtra to follow justice, restraint and wisdom. His teachings warn against greed, anger, arrogance and other destructive tendencies.

The significance of Vidura's teachings extends beyond a royal court. Families, communities and institutions all require wisdom and ethical conduct.

Power without wisdom can harm both the person who possesses it and those around him. Similarly, wealth and position cannot by themselves guarantee lasting achievement if character and self-control are absent.

Vidura's teachings therefore remain relevant as a source for reflection on truthfulness, restraint, judgment and conduct.

## A Message for Modern Society

In the age of social media, it is easy to accept and circulate information instantly. A responsible person, however, checks the truth of information before sharing it.

Likewise, in public life, character and fairness in decision-making are more important than position alone.

## A Lesson for Families

Children should not be taught only how to succeed. They should also learn to:

- Speak the truth
- Respect elders
- Avoid wrongdoing
- Use their abilities for the welfare of society

*Reference: Mahabharata, Udyoga Parva — Vidura-Dhritarashtra dialogue and the Vidura Niti tradition.*

# MAHABHARATA — CHAPTER 3

***Lessons from the Mahabharata for Modern Society***

Reading the Mahabharata merely as a story of an ancient war would limit its wider literary and philosophical dimensions. It examines family conflict, power, morality, friendship, justice, revenge, duty and human decision-making.

One of its important features is the complexity of its characters. Their decisions often arise from difficult circumstances. This makes the Mahabharata an enduring source for reflection on ethical questions.

### 1. Dialogue is Essential in Families

The conflicts within the Kuru family repeatedly demonstrate the consequences of difficult decisions and broken understanding. Modern families can learn the importance of maintaining dialogue even when disagreements arise.

### 2. Greed and Arrogance Can Become Destructive

Excessive attachment to power and wealth can weaken judgment. Achievement therefore needs to be accompanied by restraint.

### 3. Wisdom is Necessary for Difficult Decisions

When circumstances are difficult, emotions alone are not enough. Sound judgment and reflection are also necessary.

### 4. Education Means More Than Information

Education should help a person become capable of making responsible decisions. Knowledge becomes meaningful when it is used wisely.

### 5. Young People Should Study History

History should not be studied merely for pride or criticism. It should be studied to understand the past and learn from it. Checking sources and considering different interpretations help develop a balanced historical outlook.

## Conclusion

The Mahabharata can encourage us to reflect on the questions of our own time. From family relationships to public life, and from personal conduct to social responsibility, its many episodes continue to provide subjects for thought.

The Mahabharata is not only a story about the past; it is also an opportunity to reflect on human choices and their consequences.

*References: Mahabharata — relevant Parvas; Bhagavad Gita — Bhishma Parva.*

# RAMAYANA

### *The Message of Maryada Purushottam Shri Ram*

The Ramayana is among the most widely read and recited texts in Indian tradition. Composed by Maharshi Valmiki, it conveys the values of maryada (righteous conduct), duty and exemplary behaviour through the life of Shri Ram, who is known as 'Maryada Purushottam' — the ideal man who upheld propriety in every role he played: as son, brother, husband and king.

Shri Ram's acceptance of exile in order to honour his father's word illustrates the strength of his character. This episode teaches that a given word and one's family duty can carry greater weight than personal comfort.

Lakshman's devotion to his brother, Bharat's renunciation and Sita's patience together offer lessons in mutual trust and commitment within a family. The concept of 'Ram Rajya' described in the Ramayana is regarded as a symbol of just, transparent and welfare-oriented governance, in which the ruler considers himself accountable to the people.

Scholars hold differing interpretations of several episodes in the Ramayana, and regional traditions present the narrative with considerable variation. Research on questions of history and archaeology connected to the text continues, and readers are encouraged to approach such questions with an evidence-based perspective.

**A Lesson for Today**

*Maryada does not mean restraint alone; it means awareness of one's role and responsibility. Upholding this sense of propriety in family, work and society is the mark of strong character.*

*Reference: Valmiki Ramayana.*

## The Relevance of Sanatan Values in Modern Life

The values of the Sanatan tradition — service, restraint, truth, non-violence and gratitude — are not confined to any particular era. They remain just as relevant to today's fast-paced life as they were in ancient times.

In the workplace, for instance, the principle of nishkama karma — action without excessive attachment to outcome — encourages people to work with full sincerity without being consumed by anxiety over results. This can reduce stress and improve the quality of work.

Within families, the spirit of 'Vasudhaiva Kutumbakam' — regarding the whole world as one family — underscores the need for tolerance and cooperation in today's globalised society.

With respect to the environment, the Sanatan tradition holds rivers, trees and animals in reverence. This outlook is especially relevant at a time of growing environmental challenges.

**Practical Suggestions**

*Set aside some time each day for self-reflection, approach work as a duty, and remain mindful of one's responsibility toward family and society.*

# Education and Character

In the gurukul tradition of ancient India, education aimed not merely at earning a livelihood but at building character. Under a teacher's guidance, a student learned discipline, a spirit of service and self-restraint.

Modern education rightly places greater emphasis on technical and professional skills. Alongside this, however, moral education and the cultivation of character remain equally important.

The family is the first school of education. The conduct of parents and guardians has a deep influence on a child's development. A balanced education is possible only through the combined efforts of school and family.

Character, in this sense, refers to the inner formation that makes a person humble, responsible and considerate. This balance between education and character lays the foundation for a nation's future.

## Suggestions for Parents

- Converse with children every day
- Encourage them to learn from failure
- Set an example through your own conduct
- Encourage sport, art and community service alongside academics

# Road Safety and Civic Responsibility

Road safety is not simply a matter of following traffic rules; it is also a civic duty. Carelessness or disregard for rules can endanger not only one's own life but the lives of others as well.

The discipline that forms the foundation of military life is equally necessary on the road. Disregarding rules in the name of saving time is never justified.

## Essentials for Every Citizen

- Wear a helmet and use a seat belt at all times
- Observe the prescribed speed limit
- Never drive under the influence of alcohol or while using a mobile phone
- Give priority to pedestrians and cyclists
- Give way to emergency vehicles
- Teach children traffic discipline from an early age

**Remember**

*A responsible citizen not only follows the rules but also encourages others to travel safely. Discipline on the road is, in essence, a form of discipline toward the nation.*

## Indian Culture and Social Responsibility

The distinguishing feature of Indian culture is unity in diversity. Despite differences in language, dress, cuisine and custom, shared family values, hospitality and communal celebration bind Indian society together.

Festivals are not merely religious observances; they are also occasions for social harmony and community participation. Raksha Bandhan reflects the bond between siblings, while Diwali symbolises cleanliness and shared festivity.

Social responsibility means remaining sensitive to the community around us — whether through caring for the elderly, assisting those in need, or contributing to environmental protection.

Even in today's digital age, it remains important to stay connected to our cultural roots while embracing modernity with an open mind. Tradition and progress need not be opposed; they can complement one another.

**Small but Meaningful Steps Toward Social Responsibility**

*Participate in local community activities, contribute to environmental protection, and assist those in need wherever possible.*

# Inspiring Thoughts for the Younger Generation

Today's younger generation faces both greater opportunities and greater challenges than ever before. Information technology has made knowledge more accessible, but it has also brought new challenges of focus and self-discipline.

The Sanatan tradition regards self-discipline as the first step toward success. Setting goals, using time wisely and practising consistently remain principles as relevant today as ever.

Rather than fearing failure, it is important to view it as an opportunity to learn. Many characters in the Mahabharata and the Ramayana faced difficult circumstances with patience and resolve.

Balancing tradition with modernity is an important skill for young people today. Understanding one's cultural roots while making use of new technology and global opportunities is the need of the hour.

## A Brief Guide for Young People

- Set daily goals and follow through on them
- Respect the value of time
- Learn from failure rather than fear it
- Take pride in your culture and language
- Never forget your responsibility toward society

# Discipline and Service

### *Lessons from Military Life*

Military life offers a direct example of discipline, dedication and service. A soldier's life demonstrates that the interests of the nation and society can be placed above personal interest.

Punctuality, obedience to orders, teamwork and composure under difficult circumstances are qualities that extend well beyond military life. Family, the workplace and public life require these same qualities in equal measure.

Discipline means more than following rules; it means cultivating self-control and a sense of responsibility. This quality keeps a person steady and decisive even in difficult times.

A spirit of service lies at the heart of military tradition. The principle of 'nation first' can equally be adopted in civilian life — as loyalty and commitment to one's work, community and family.

**A Lesson for Today**

*Discipline is not a constraint but a means of self-empowerment. A person who maintains discipline over themselves is best placed to fulfil their responsibility toward society and the nation.*

# Tribute

### *The Story of Countless Unsung Heroes*

The history of India's independence includes many names that found a prominent place in the historical record. Far greater in number, however, were the countless ordinary citizens whose contributions were never formally recorded — farmers, labourers, women, students and villagers who contributed to the freedom movement in their own way.

Some sheltered activists, some carried secret messages, some shared their household's food, and some strengthened the spirit of satyagraha simply through their presence. Though the historical record of these individuals may be limited, their contribution to nation-building is beyond measure.

It is worth remembering that freedom was not the result of any single person or event, but of the collective sacrifice and struggle of generations. In studying history, we should honour these unrecorded contributions alongside the more prominent names.

**A Lesson for Today**

*Every citizen's contribution, however small, matters in nation-building. This spirit continues to inspire us toward responsible citizenship today.*

## SPECIAL REPORT

# "A Salute to the Nation's Guardians" — 61 Students Honoured at Government School, Ramnagar

## For publication in: Sanatan Bharat Naya Savera Monthly Magazine

## Date: 15 August 2026 | Venue: Government Senior Secondary School, Ramnagar (Gannaur), Sonipat

**On the auspicious occasion of the 79th Independence Day, a flag-hoisting and cultural programme was held with great dignity and enthusiasm at Government Senior Secondary School, Ramnagar (Code 3526), under Gannaur block of Sonipat district. The privilege of gracing the occasion as Chief Guest was accorded to Shri Naresh Das Vaishnav Nimbark — a retired military officer, international author, researcher, and UN Veteran.**

### Flag Hoisting and Distinguished Presence

**The flag was hoisted by the school's Principal, Shri Mahavir Singh Jangalan. The village's respected citizen and Guest of Honour, Shri Vijay Sharma, was also present on the occasion. The programme was presided over by the incumbent Sarpanch, Smt. Sudesh Kumari, wife of Shri Balraj Chhokkar.**

***The Chief Guest and distinguished citizens hoisting the national flag at Government Senior Secondary School, Ramnagar (3526)***

## A Pledge for the School's Essential Needs

**Following the flag hoisting, the Chief Guest drew attention in his address to two urgent needs of the school — construction of a water tank and repair of its dilapidated toilet block. In response, Shri Vijay Prakash Sharma, son of late Shri Harikishan Sharma, pledged to have the water tank constructed, while Shri Naresh Das Vaishnav Nimbark, son of late Shri Narayan Dutt Swami, himself undertook to bear the entire cost of repairing the toilet block.**

## 61 Students Honoured — In Two Categories

**A total of 61 students, who demonstrated academic excellence and cultural talent in the 2025-26 session, were honoured with medals:**

## (A) Academic Excellence — 21 Meritorious Students

**Students who secured first and second positions in their respective classes, from Class 1 to Class 10, were honoured. The count reached 21 as two students in Class 9 jointly held the same rank.**

| Class | First Position | Second Position |
|---|---|---|
| 10th | Abhishek (Father: Pradeep Kumar) | Himanshi (Father: Amit Kumar) |
| 9th | Tamanna (Father: Manindra) | Simran (Father: Devendra) & Rakshit (Father: Krishan) |
| 8th | Gunjan (Father: Sajjan) | Aarti (Father: Ashok Kumar) |
| 7th | Anshu (Father: Sunil Kumar) | Komal (Father: Vikram) |
| 6th | Janvi (Father: Ravinder Kumar) | Ankit (Father: Kuldeep) |
| 5th | Muskan (Father: Peetam) | Mahak (Father: Bhagir) |
| 4th | Anjani (Father: Tarun) | Janvi (Father: Dhanendra) |
| 3rd | Himanshi (Father: Kuldeep) | Kanika (Father: Rishipal) |

| | | |
|---|---|---|
| 2nd | Shivani (Father: Mahipal) | Naina (Father: Amit) |
| 1st | Mamta (Father: Sunil Kumar) | Mahi (Father: Ravinder Kumar) |

## (B) Cultural Talent — 40 Students

**The 40 students who took part in the beautiful cultural programme presented by students of Classes 1 to 10 were also honoured with gold medals.**

***Medal-winning meritorious and cultural talent students with the Chief Guest and distinguished guests***

## The Chief Guest's Message — A Debt to the Soil

**In his deeply moving address, Shri Naresh Das Vaishnav Nimbark said that being born into a humble farming family and having had the honour of serving the motherland in the uniform of the Indian Army, and**

**now standing amidst the children of that same soil to honour them — there could be no greater pride than this. He made it clear that this honour was not personal, but a tribute to the values instilled by his parents, the soil of his village, and the uniform of the Indian Army.**

**He shared that this service has continued unbroken for the past four to five years, observed almost as a disciplined vow — an effort made every 26th January and 15th August to honour the school's children. This service is carried out not through any great wealth, but through adjustments made from a modest pension, and the spiritual contentment it brings, he said, cannot be described by any pen.**

**Tribute to Border Guards and an Appeal to the Nation**

**At the conclusion of the programme, tribute was paid to the brave soldiers stationed at the borders in defence of the motherland, and heartfelt reverence was expressed for their families. Citizens were also urged to uphold the unity and integrity of the nation above all else, to respect parents and teachers, to imbibe values alongside education, and to make hard work and honesty their guiding path.**

**Jai Hind. Jai Bharat. Jai Jawan, Jai Kisan.**

**Reported by: Naresh Das Vaishnav Nimbark**

**International Author, Researcher & UN Veteran**

**Website: [www.nareshswaminimbark.in](http://www.nareshswaminimbark.in)**

# SPECIAL REPORT

## A Historic Call for Education and Values Rises in the Bairagi Samaj!

## 200 Years of History, a Discourse on Education, and a Pledge for Values — Society's Distinguished Minds Gather on One Platform

**For publication in: Sanatan Bharat Naya Savera Monthly Magazine**

**Date: 16 August 2026 | Venue: Revered Sher Singh Bairagi Dharamshala, Mahlana Road**

**On 16 August 2026, a dignified gathering titled "Prabuddh Milan Samaroh — Education and Values" was held at the revered Sher Singh Bairagi Dharamshala, Mahlana Road. The occasion was especially significant as it marked the first time that a conference of this nature, dedicated to the vital themes of education and moral values, was organised within the Vaishnav Bairagi Samaj.**

**Distinguished minds of the community — historians, authors, educationists, social workers, and eminent personalities from various fields — gathered on a single platform. The central objective of the event was to connect the younger generation with education, values, culture, and their glorious history.**

**Responsibility of Stage Compère**

**The proceedings were compèred by international author Naresh Das Vaishnav Nimbark. At the outset, the compère respectfully seated the chief guests, the presiding dignitary, and all honoured guests upon the stage, following which each guest was honoured with a garland and sash.**

**Guests and distinguished members of the community being honoured on stage with garlands and sashes**

**Thereafter, the programme was formally inaugurated with the lighting of the ceremonial lamp. Compère Naresh Das Vaishnav Nimbark, speaking on the significance of the lamp's light, remarked that the lamp**

**is not merely a means of dispelling darkness, but also a symbol of knowledge, values, discernment, and positive thought.**

**The sacred moment of lamp-lighting, attended by the assembled guests and members of the community**

**A Dignified Assembly of Guests**

**The chief guests of the occasion were Shri Gyan Singh Bairagi, President, Kurukshetra Dharamshala, and Captain Yogesh Bairagi, Chairman, Government of Haryana. The programme was presided over by Retd. Colonel Tekchand Dahiya.**

**Among the guests of honour were historian Charan Singh Swami of Meerut and author Aarushi Swami of Shukratal.**

**The distinguished guests included former Principal Daya Singh Swami, Secretary-General, Kurukshetra Dharamshala; Vikas Swami of Karnaval, holder of 37 World Records; President Narendra Bairagi, Bhiwani Dharamshala; President Karsan Swami, Bhiwani; Devendra Swami, Vice-President, Kurukshetra Dharamshala; Ramniwas Bairagi, Kurukshetra Dharamshala; and Chirag Tomar Swami.**

**A Meaningful Discourse on Education and Values**

**All the dignitaries on stage were given the opportunity to share their views on the theme of education and values.**

**Former Principal Daya Singh Swami spoke first, emphasising the importance of education and values, describing education as the foundation of life while highlighting the necessity of good values.**

**This was followed by Master Jagbir Vaishnav, who offered profound and inspiring thoughts on education and values. Bairagi Anil Bhardwaj also shared his views on education, values, and the future of the community.**

**Chief Guest Gyan Singh Bairagi spoke for nearly five minutes on the subject, stressing the need to impart sound values alongside education to the community's younger generation. Retd. Colonel Tekchand Dahiya likewise shared a meaningful message on the future of the community, underscoring the importance of education and values.**

**Compère Naresh Das Vaishnav Nimbark also offered his thoughts for about two minutes, observing that while education imparts knowledge to a person, it is values that guide that knowledge in the right direction.**

## 200 Years of Bairagi Royal History — Free Distribution of Book

**A special highlight of the event was the free distribution of the book "Mahant Bane Maharaja". International author Naresh Das Vaishnav Nimbark distributed copies of the book to those present free of charge. The book seeks to bring to light nearly 200 years of the history of the Bairagi kings.**

**It includes the historical accounts of the Rajnandgaon Bairagi princely state and the Chhuikhadan Bairagi princely state, among other Bairagi royal houses and dynasties. The purpose of distributing the book was not merely to give away a publication, but to acquaint the younger generation with their history and the legacy of their ancestors.**

## Honoured with Mementoes

**Prior to the conclusion of the programme, all dignitaries seated on stage were honoured with mementoes on behalf of the organising committee. This moment added further grace to the dignity of the occasion, as the organisers gave tangible form to their gratitude and respect for the guests.**

## A Shared Meal and Warm Fellowship

**Following the conclusion of the programme, all the dignitaries and members of the community partook of the meal offered. The arrangements were commendable, and all present partook of the meal with warmth and fellowship.**

## Not Merely a Gathering, but the Beginning of a New Vision

**Today's programme was not merely an ordinary social gathering. It will be remembered as the beginning of a positive vision centred on education, values, history, and the future of the community's younger generation.**

**If the coming generation of the community is imparted knowledge of its values, culture, and history alongside modern education, it can, with confidence, play a significant role in the building of society and the nation.**

**The message of today's gathering was simple, yet profound —**

**"Education builds the future, values build character, and history gives society its identity."**

**Heartfelt gratitude and thanks are extended to all the honoured guests, speakers, organisers, and members of the community present at this historic and thought-provoking event.**

# An Educated Society — A Value-Driven Society — A Strong Society.

**Reported by: Naresh Das Vaishnav Nimbark**

**International Author, Researcher & UN Veteran**

**Website: www.nareshswaminimbark.in**

## SPECIAL REPORT

# The Rising Strides of the Vaishnav Bairagi Samaj

## Village Bhapdoda, District Jhajjar — A Tale of Service, Values and Discipline

**For publication in: Sanatan Bharat Naya Savera Monthly Magazine**

**In the small village of Bhapdoda in Jhajjar district, one family has proven that no boundary is impossible when built upon the strength of service, values, and discipline. This is not merely the achievement of a single household, but a testament to the collective strength of the entire Vaishnav Bairagi Samaj. This family shows that the values passed down through generations are the true capital that carries children to the summit, regardless of the limits of their means.**

***The Bhapdoda family, steeped in values and discipline, gathered on the auspicious occasion of the Festival of Lights***

## In the Foremost Line of Duty

**The head of the family, Shri Devendra Kumar, currently serves the nation as a Sub-Inspector in the Delhi Police. For anyone who wears the uniform, discipline becomes a way of life, and this very discipline he nurtured throughout his family as well. His wife, Smt. Babita, serves as a Postmaster in the Postal Department of the Government of India and has been specially honoured for her unwavering dedication to duty. Together, the couple made punctuality, a spirit of service, and simplicity part of the family's everyday conduct. This couple forms the very foundation of values upon which their children went on to build the peaks of success — and even today, this disciplined upbringing lies at the root of every achievement of the family.**

## A Contribution to the Defence Sector

**The elder son, Shri Dikshit Kumar, formerly served as a Junior Engineer (JE) at the National Seeds Corporation (NSC). His technical competence and dedication to duty there paved the way for his appointment as Assistant Manager at BEML Limited, a public sector undertaking under the Ministry of Defence. Working in the sensitive and nationally significant field of defence production, he continues to follow, day after day, the very discipline he inherited since childhood. His journey from a rural upbringing to this important instrument of national service stands as proof of his dedication and hard work.**

## A Model of Administrative Excellence

**The daughter, Ms. Pallavi, completed her education at Bhartiya Vidyapeeth College, IP University, and began her career as Scientist-B at the National Informatics Centre (NIC). Through diligence and competence, she rose to the posts of Scientist-C and Deputy Director. During her tenure, she made an active contribution to ambitious projects such as 'One Nation One Election', the digital launch of 'e-VSP', and international events such as the BRICS Summit. For these notable services, she was honoured with a certificate and special recognition by the Ministry of Law and Justice, Government of India — an achievement that shows the daughters of this family are second to none in the administrative sphere either.**

## A Flag Raised on the World Stage

**The younger son, Shri Dikshant Kumar, earned his LLM in Law from the world-renowned Queen Mary University, London, topping the merit list. In recognition of this extraordinary achievement, the British High Commissioner personally came forward to honour and congratulate him — a moment that stands as living proof of the international recognition of Indian**

**talent. He subsequently received attractive offers for higher education from prestigious institutions in Britain, the Netherlands, and Germany. Yet loyalty to the motherland is the true mark of his values — today, setting aside the glitter of life abroad, he is seeking opportunities for research and service within India itself.**

**"Values are the discipline that keeps generations standing together on the path of service."**

## A Message for Society

**This family shows that even when means are limited, resolve can be boundless. Regarding service as devotion and discipline as conduct, this household stands today as a living example for every Vaishnav Bairagi family — proof that hard work and values together can transcend any boundary. From the police service to the postal department, from defence production to the National Informatics Centre, and ultimately to the world's foremost institutions of learning — the journey of this family presents an example of excellence in every field.**

**These achievements are not those of a single family alone, but the fruit of the collective blessings and support of the entire community. Such inspiring stories are the true capital of the Vaishnav Bairagi Samaj, ones that will continue to inspire future generations to walk the path of service, values, and discipline.**

**The Sanatan Vaishnav Bairagi tradition has always held sacrifice, penance, and service above all else. This family has brought that very tradition to life in the context of the modern age — whether it be the responsibility of the uniform, the duty of public administration, or the summit of international education, in every field this family has raised the head**

**of the community high. Such families serve as guiding lights for society, offering inspiration by which other families too may lead their children along the path of service, values, and discipline.**

**Naresh Das Vaishnav Nimbark**

**International Author · Researcher · UN Veteran**

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## Journey: From the Rifle to the Pen

### *From the Wrestling Pit to Martyrdom: The Immortal Story of Shaheed Sanjay Kumar Vaishnav*

Presented as part of the series 'Ramnagar Gannaur to Lebanon — The Journey of the Sanatan Vaishnav Bairagi Tradition' is the story of a brave son of the soil who carried the discipline of the akhara (wrestling arena) into a life of military duty and, ultimately, sacrifice for the nation.

### Early Life — A Son of the Soil of Jonmana

The fertile soil of Baghpat district in Uttar Pradesh has, over the years, given rise to warriors who changed the course of history with the blood in their veins. In the village of Jonmana in this district, Sanjay Kumar Vaishnav Tilawat was born in 1971. Born to the respected Ayurvedic and allopathic physician Shri Shyam Das Vaishnav and his mother Smt. Omwati Devi, Sanjay's childhood was unlike that of ordinary children. At the age of just 13, he began learning the art of wrestling, marking his forehead with the dust of the akhara.

## A Historic Wrestling Bout — When a Champion Was Brought to His Knees

At a large wrestling tournament held in the village, he faced a highly renowned wrestler from Haryana. Demonstrating his agility and technical mastery, Sanjay executed the 'nikaal' throw and defeated the seasoned champion within moments. The victory belonged not to Sanjay alone but to the pride of the entire village. That evening, the villagers seated him on a decorated horse and paraded him through the village with music and celebration.

## Military Service and the Supreme Sacrifice

The discipline and spirit of the akhara inspired him to serve the motherland. In 1987, at a recruitment rally in Meerut, he was selected for the Army's prestigious 9 Para unit. After rigorous training at the Para Training School in Agra, he was posted to Bengaluru in 1989. Steadfast in his duty, he attained martyrdom while on parade during the course of his service.

## Sacrifice and an Enduring Legacy

Shaheed Sanjay Kumar Vaishnav was the eldest of five brothers. Following his sacrifice, his wife, Smt. Rekha Vaishnav (a resident of Bhainswal, Shamli), preserved his honour with great patience and dignity. The couple had no children, yet today the entire village of Jonmana regards him as its own son. Smt. Rekha Vaishnav passed away in 2019, but the sacrifice of this family has become immortal in history.

A grand statue has been installed in Jonmana village to keep his memory alive — a living lesson for future generations, forever conveying the message that there is no greater duty than service to the motherland.

*Read the full account in 'Yatra: Bandook Se Kalam Tak' (Chapter 30, pages 80-82). Author: Naresh Das Vaishnav 'Nimbark' (Author, Journalist, Researcher and Army Veteran). www.nareshswaminimbark.in*

# Quiz

***Test Your Knowledge***

**1. In which Parva of the Mahabharata is the Bhagavad Gita situated?**

*Answer: Bhishma Parva*

**2. In which Parva is the Vidura Niti described?**

*Answer: Udyoga Parva*

**3. By what title is Shri Ram known?**

*Answer: Maryada Purushottam*

**4. In which year did India gain independence?**

*Answer: 1947*

**5. Who is traditionally regarded as the author of the Ramayana?**

*Answer: Maharshi Valmiki*

**6. Which Para unit did Shaheed Sanjay Kumar Vaishnav serve in?**

*Answer: 9 Para*

**7. Whom did Vidura serve as counsellor to?**

*Answer: King Dhritarashtra*

**8. What did Shri Ram accept in order to honour his father's word?**

*Answer: Exile to the forest (vanvas)*

# Sources and References

The material presented in this issue draws on the following scriptural and historical sources. Readers are encouraged to study the original texts themselves.

### Principal References

- Mahabharata — Bhishma Parva (Bhagavad Gita)
- Mahabharata — Udyoga Parva (Vidura Niti, Vidura-Dhritarashtra dialogue)
- Valmiki Ramayana
- Family and local sources — Village Jonmana, Baghpat (for the account of Shaheed Sanjay Kumar Vaishnav)
- School records — Government High School, Village Ramnagar, Gannaur, Sonipat

The magazine has aimed to maintain a clear distinction between religious faith and historical fact. Readers may inform us of any errors so that corrections can be made in future issues.

## Your Thoughts Are Welcome

Sanatan Bharat — Naya Savera is your magazine. We hope it continues to grow richer through the thoughts, suggestions and experiences of its readers.

If you would like to share your response to any topic in this issue, offer a suggestion, or propose a subject for a future issue, we welcome you to write to us.

### Get in Touch

- Website: www.nareshswaminimbark.in
- Subject: Suggestions, feedback or article proposals are welcome

# From the Editor's Desk

### *And a Look at the Next Issue*

It is a particular pleasure to bring you this 19th issue. We have aimed to keep it well-researched, balanced and readable, presenting the themes of freedom, duty and cultural awareness with due respect on the occasion of 15 August.

This magazine is entirely free of charge, and its purpose is solely to spread knowledge, values and positive dialogue. We hope this issue reaches readers in India and abroad and contributes to a greater awareness of Sanatan values and Indian history.

**In the Next Issue**

- Further episodes from the Ramayana
- A special feature on India's festival traditions
- Ancient Indian systems of education
- Selected readers' suggestions and responses

**Thank you.**
**Editorial Board**
**Sanatan Bharat — Naya Savera**

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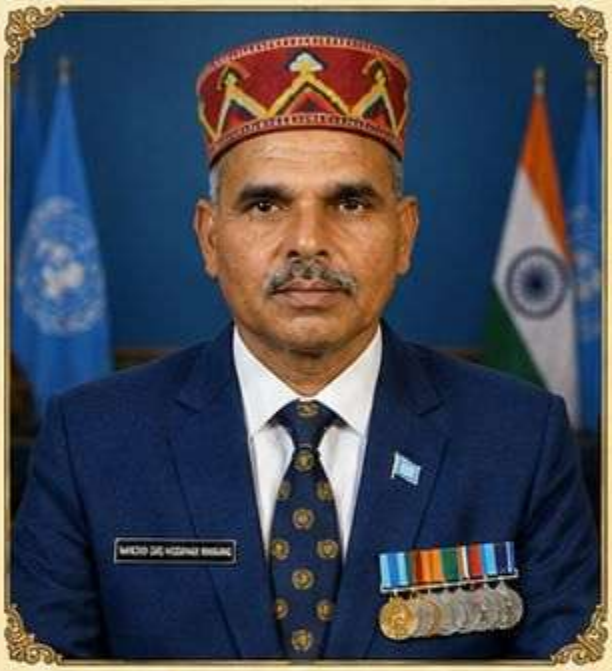
# MEMORY & DEDICATION

This page is dedicated to the author/editor of the magazine.



## Naresh Das Vaishnav Nimbark

(Retd. Hon. Naib Subedar, Indian Army | Historian | Researcher | Author)

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